



## **Theresa Stringer, LCSW, LCDC**



Theresa began her interest in Clinical Social Work after working as a nurse in the Addictions field. Her training in the US Army and work in a variety of clinical settings set the stage for her education in Social Work. She completed her Master's in Social Work at Western Carolina University with a concentration in Substance Abuse. Theresa utilizes Motivational Interviewing and Cognitive Behavior Therapy in her practice. Her work with clients stems from a strengths-based and person-centered approach. Theresa is a lover of dogs and the outdoors and resides in Cypress with her 3 fur babies.